

The Crusader News

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To the Saint Paul's Community,

First, we want to thank you for your overwhelming support during an extensive campaign, electing us to be your student council President and Vice President for this school year. Our first message to all of you at the school is that we will be working hard to ensure that we have the most fun and meaningful year possible.

COVID-19 has been a new

experience for all of us, young and old, and as we look forward to more normalcy in our near future, we want to ensure that the true meaning of being a Saint Paul's student is brought back. This includes having many activities and opportunities that those of us in grade 12 were able to see in our grade 9 year, such as a wide variety of clubs, as well as smaller, more day-to-day things such as those intense ping pong matches in the student link.

At the moment, we are working towards forming our full student council, and once that is finalized, we will have all the resources and opportunities we need to hit the ground running. The ideas brought to you by our campaign are some of our top priorities, and we promise you, as we did during our campaign, that we will work diligently to have as many of these ideas and opportunities brought into ac-

tion at our school.

Again, we want to encourage all of you to get involved with the activities that your brothers, educators, and volunteers have worked hard to create for you. During our campaign, we talked about the 8:30-3:15 student, who only comes to Saint Paul's for their classes, and does nothing more. While there is nothing wrong with that approach to the school, we believe that in order to gain the true Saint Paul's experience, it is crucial to get out of your comfort zone, and get involved in activities and programs that could become the things you look forward to most in your daily lives.

Finally, we want to let you guys know that we are approachable, so if you have any questions to ask us, or you have something to say, please

find us around the school or send us a message. Thank you all again for your support, and we hope to have an outstanding school year with you all.

Tommy Stefanson,

President, Saint Paul's Student Council

Sharif McCurdy,

Vice President, Saint Paul's Student Council



The Election that Wasn't



Emmitt Wilson '22

Politics Editor

On September 21, 2021, Canada had a General Election. You would be forgiven for having already forgotten that it happened, given how utterly meaningless it was. Of the 338 seats in the House of Commons, a pitiful eight seats were switched between parties. These few changes will not affect how the new government is formed. Justin Trudeau's Liberal Party will continue to govern with a minority government. The Liberals will still need the support of either the NDP or the Bloc in order to pass legislation and confidence votes.

In policy terms, Trudeau will likely focus on childcare supports as it was a centerpiece of his campaign and is backed by the NDP. Beyond this, it is unlikely that government policy will change in any substantial

way, given that the exact same people are in charge.

The Liberal party suffered immense criticism for calling an early election during a pandemic. By election day, Global News polling found that almost 70% thought that an election was a bad idea. This showed in the results, as the polling from July indicated that a possible Liberal majority slipped away throughout the course of the campaign. Trudeau had trouble defending himself from accusations that the election was simply a cheap power grab. His troubles were exacerbated by every party reiterating this narrative. By early September, the Conservatives, led by Erin O'Toole, were ahead in nationwide polling. At this point, the election seemed much more contentious. But based on polling over time, O'Toole's poor debate performance likely let the Liberals regain the lead at the last second, though nobody can be sure of the exact reasons.

For the Green Party, this election was a disaster. They finished with two seats, unable to gain

back the Fredericton seat lost in June when MP Jenica Atwin of Fredericton switched to the Liberal party over the Green's stance on Israel-Palestine. The party saw a 4% drop in vote. Their new leader, Annamie Paul, lost the election for her seat in Toronto Centre. Paul announced she would resign as Green Party leader on September 27, 2021.

The only clear sentiment that Canadians have shown in this election is that they are unsatisfied with their options. Voter turnout dropped 5% this election, from 67% to 62%, and both major parties lost voters. These votes mostly went to either the NDP or the People's Party of Canada (PPC). This could signal polarization in the

Canadian electorate as people grow unsatisfied with the major parties. While they won no seats, the largest vote increase in this election went to the far-right People's Party of Canada. They found success with anti-vaxxers and anti-lockdown protesters, especially in Alberta. Though having no substantial effect on this year's election, the PPC may become a grander political threat if reactionary political ideologies become more prevalent in the Canadian populace. While this election may have had extraordinarily negligible effect on the immediate political landscape in Canada, it is at least worth considering how its trends might affect Canadian Politics for years to come.



The Point Douglas Warehouse Fire



John Ergon
Golpe '22

Contributor

On Tuesday, September 28, 2021, at 11:20 AM, the WFPS (Winnipeg Fire Paramedic Services) were called to tend to a devastating warehouse fire at 2 Point Douglas. In the following hours, clouds of black smoke billowed out of the area for the entirety of Winnipeg to see. The sheer size of the blaze also activated a second fire alarm at the site, prompting the WFPS to send 100 more firefighters to accommodate them.

As much of a haunting sight the smoke must have been for distant onlookers, the damage the fire had dealt to the warehouse was not as catastrophic as one would assume. According to reports released by city officials

later that day, the warehouse was vacant at the time of the fire. However, the Assistant Chief of the WFPS and rescue operations, Jamie Vanderhorst, admitted that he was unable to send fire crews into the wreckage to verify the casualty report. This was due to the structure's compromised integrity, as the roof had collapsed in on itself. "What the crews encountered was the heavy black smoke and flames from the middle, which caused the roof to collapse," Vanderhorst said. "At this time, because the roof collapsed, it is hard to get at those hot spots without making that entry."

To overcome this hurdle, firefighters made attempts to quell the fire from the outside, mostly from above, to reach the blaze in the middle of the warehouse. However, hydro wires became dangerous obstacles for them as they executed the plan. Vanderhorst also shared that during the operation, one of the firefighters was treated and taken to the hos-

pital in stable condition, but no other details were shared regarding their recovery or injuries.

As a precaution, nearby homes were evacuated as firefighters worked and rotated around the clock in the blistering heat of the day's weather. At one point, a tree line near the scene caught fire, threatening the safety of the nearby residential properties.

Sheldon Blank, the manager of the Gateway Industries warehouse adjacent to the burning building, claimed he saw the fire unfold. He was initially alerted to the situation when a woman smashed a window of the ablaze building screaming for help. "We only saw the fire when we saw the black smoke," said Blank.



It should be noted that the 17-acre area the warehouse was situated in has had a history of fires. In October 2011, a paper mill in the same area started a blaze that cost 1 million CAD in damages, and in 2014, another, less ferocious, fire struck the same building.

Another report from city officials was released at 5:20 PM stating that on-site firefighters would keep working at the scene for an unspecified period. Vanderhorst later announced that this period of time would be several days.

The Next Leader of Europe: The 2021 German Election



Sean Ehmann '24

Contributor

For 16 years, German Chancellor Angela Merkel was the de facto ruler of Europe. As the leader of the most populous and economically powerful nation in the European Union, Merkel provided direction for the continent through numerous crises including the Great Recession, the Greek debt crisis, and the ongoing migrant crisis.

However, last year Merkel announced that she would not be leading her party, the centre-right Christian Democratic Union (CDU) into the next election. This paved the way for numerous politicians to vie for the Chancellorship in an election that took place on September 26, 2021.

Germany has a system of mixed-member proportional representation in which the amount of votes a party receives directly correlates to the percentage of seats they earn. Parties must form coalitions to garner a majority in the lower house (the Bundestag) to form

government. Parties almost never gain a majority on their own. The Merkel-led CDU has formed coalitions with various other parties to govern since they rose to power in 2005. After the last election in 2017, they partnered with the centre-left Social Democratic Party (SPD) to form government.

Throughout the campaign, three different parties had spent time in the lead, with the CDU, the SPD, and the Green Party all taking turns. Other parties such as the classical liberal Free Democrat Party (FDP), the left-wing Left Party, and the far-right Alternative for Germany Party (AfD) polled notably behind; however, they all surpassed the 5% threshold for gaining seats. While they may be smaller in size, these three parties punch far above their weight as they can play the role of kingmaker, deciding which major party will lead the government.

The new leader of the CDU is Armin Laschet, the Minister-President (the German equivalent of a Premier) of the most populous German state, North Rhine-Westphalia. Laschet was initially regarded as an average leader, maintaining the CDU's substantial polling lead. However, after several scandals and crises in his home state, his popularity, and the CDU's,

diminished.

The SPD candidacy went to Vice Chancellor and Finance Minister Olaf Scholz. Just like his selection as Chancellor candidate, Olaf Scholz himself is a very cut-and-dry candidate. Even though they are of different parties, his steady demeanour was often compared to the outgoing Chancellor Merkel.

The Green candidate, Annalena Baerbock, contrasted with the candidacies of Scholz and Laschet. Only 40 years old, compared to Scholz and Laschet, both in their 60s, her youthfulness initially struck a chord with the German public. However, being youthful and energetic always runs the risk of being viewed as inexperienced. Additionally, as Greens have never led a government, questions were raised regarding their preparedness should they take up that role.

On September 26, 2021, the German electorate went to the polls and returned a less than decisive result. Olaf Scholz's SPD came in first place, netting 28% of the 736 seats in Bundestag. This was their first time finishing with the most seats in 19 years. The CDU achieved a tight second with 26.5%. The

Greens improved by 7% seats from their 2017 result, netting 16%. Results for the FDP and AfD saw marginal differences with them finishing with 12.5% (+1.3% from 2017) and 11.3% (-1.5%) respectively. Finally, the Left Party saw their seat count nearly cut in half, dropping from 9.4% to 5.3%.

Since no party amassed the required 368 seats necessary for an outright majority in the Bundestag, negotiations have already begun to determine which of the two largest parties can gain the support of the smaller parties to take power.

Whatever the outcome may be, whoever leads the next government will inherit a country that has spent much of the last few decades having to guide Europe through tumultuous times. They will have to hold together a continent that looks for guidance in returning to normalcy after COVID-19 and continued leadership to solve problems throughout the region and the world.



Shang-Chi: Marvel Sticks to its Guns while still Breaking New



Oscar Lavitt '23
Contributor

Lately, I’ve had a problem with Marvel films. Walking into the movie theatre to see *Shang-Chi and the Legend of the Ten Rings*, I thought to myself: “I hope it’s not another cookie-cutter Marvel film.” Marvel tends to follow the same beats, using the same snarky comedy while also trying to be meaningful. Luckily, *Shang-Chi* uses its unique tone to differentiate itself from these lesser Marvel films in a fresh and entertaining way.

Simu Liu, who formerly starred in *Kim’s Convenience*, plays Shang-Chi. He is introduced to us as Shaun, a valet parking cars at a San Francisco hotel. While taking the bus to work with his best friend Katy, played by Awkwafina, Shaun is confronted by assassins sent by his father, Xu Wenwu. Xu

Wenwu is the warlord previously referred to in the MCU as ‘The Mandarin.’ Shang-Chi’s father has harnessed the power of the Ten Rings, a mystic artifact that bestows great power and unnaturally long life.

Shang-Chi breaks from the aforementioned Marvel Formula. All too often we are presented with the hero’s training arc, filled with training montages and lessons learned. While this is not necessarily a bad thing, Shang-Chi emerges from the beginning as a fully-fledged Kung Fu master, allowing the plot to flow much quicker than a normal Marvel movie. This is not to say there is no build-up. The backstory is presented in short flashbacks, which allows for more time to focus on the events of the present.

Another thing I’ve always found distasteful about Marvel films is how they add new elements to their universe without meaningfully exploring them. I recognize that it’s difficult for Marvel to be seamless, as things can get cancelled or shelved at a moment’s notice. But it still bothers me

when a universe just appears without prior mention and is never explored again. When this happens, I am always left confused as to where this fits in with the whole MCU. This, unfortunately, is a problem Shang-Chi suffers from. The opening monologue gives us the history of the Ten Rings, and I am left wondering: how have we not heard of this before?

The martial arts presented in Shang-Chi is like a dance. Coming from a dance background, I noticed elements in the choreography in some of the fight scenes that would not be out of place in contemporary dance. This elegance is thanks to Shang-Chi’s deep connection to Asian culture.

There are a few parts of *Shang-Chi* that were not well-developed. We only find out about certain key plot points halfway through the film. The film would be much better if these details were presented in a less jarring fashion.



There were also a few gratuitous call-backs, such as the appearance of Ben Kingsley’s character Trevor Slattery (The Mandarin from *Iron Man 3*). Marvel’s habit of having characters’ make cameos in each other’s films often ends up as a weak attempt to add some semblance of continuity to the confusing franchise.

Shang-Chi and the Legend of the Ten Rings is a good film. The fight scenes are great, the story is good, and the characteristic Marvel feel is there. It’s not a life changing movie, but it’s not intended to be. Casual viewers as well as diehard Marvel fans will both enjoy it, and isn’t that why we go to the movies?

8/10

Riley’s Spooky Cinema Selections



Riley Wilcosh '22
Contributor

Halloween is my Christmas. Everything about the holiday makes me feel alive. And nothing is more synonymous with the holiday than fear, and in particular: horror movies. While being “the film guy” for the paper requires me to be knowledgeable about every genre, I take pride in being a horror movie aficionado. So, for both the uninitiated and the scare-connoisseurs, I present my top 4 horror films to watch this October.

Halloween (1978)

A good deal of horror movies fit in the “slasher” sub-genre. A one-dimensional killer murders one-dimensional teens in a one-dimensional way. With these movies representing 90 percent of the genre, they typically are as bland as white bread. However, the best and brightest

the genre has to offer is John Carpenter’s breakout film, *Halloween*. Despite the basic premise of a characterless murderer killing babysitters on Halloween night, *Halloween* has surprising depth. Both the perfectly crafted suspense and the fear of an unexplainable and emotionless evil acts as an effective creator of terror. Because of the basic approach, *Halloween* is a clean, efficient, and phenomenal slasher.

The Thing (1982)

From one John Carpenter film to another, *The Thing* is a fantastic execution of both the tangible and intangible aspects of film. The premise, a shape-shifting alien that imitates human survivors in an Antarctic incident, is intriguing. But this premise is outshined by the makeup and practical effects, which are the crown jewel of the film. Crafted from clay and rubber by Rob Bottin, the titular ‘Thing’ is one of the most creatively terrifying creatures ever constructed. I can say without question that it is one of the best practical effects in any film ever. And solidifies *The Thing* as one of the top horror movies of all time.

Hereditary (2018)

For heathens who clamour for ‘good, new horror movies,’ I recommend the masterpiece that is *Hereditary*. After a family tragedy, a series of strange events begin to plague a family already deep in mourning. Ari Aster’s first full-length film is a slow-burn horror to rival *The Shining*. *Hereditary* manages to turn a sudden, tragic accident into a feeling of blanketing sadness, a creeping sense of dread, and finally ending in total insanity as the terror is kicked up to an 11 in the climax. *Hereditary* is the best horror film of the last decade, and a must-watch film.

Evil Dead II (1987)

While the other horror movies I’ve mentioned are horror classics, I wanted to cap off my list with a personal favourite. Despite *Evil Dead II* being the second installment in the franchise, the first *Evil Dead* isn’t mandatory viewing. *Evil Dead II* comes with its own little recap. The comedy in *Evil Dead II* is on a scale unmatched in most horror movies, with blood geysers of outrageous proportions and physical comedy of Jim Carrey quality. Throw in a couple of ancient demons and the Necronomicon and you’ve got a movie that is a perfect introduction to the horror genre.



Black Widow: Unfulfilled Potential



Peter Daza '22
Contributor

Finally, after her debut in *Iron Man 2*, Natasha Romanoff has gotten a standalone film. *Black Widow* is a spy thriller centred around the Avenger’s dark and guilt-ridden past, exploring the themes of family, regret for past actions, and vengeance. After years of fans wondering if it was ever going to happen, they now ask if this movie was worth the wait. And it was... kind of.

The intro to the film was exceptional. It sets a grittier, more grounded tone than any other Marvel movies. It really gets you to care for these characters, to empathise with what they’re losing, and to realize how such a drastic change could affect someone. The opening credit sequence was one of the best

I’ve seen in a while: it has such emotional and melancholic imagery. Unfortunately, the same quality is not held for the rest of the film.

The first and second acts of the film are enjoyable but often feel sluggish and almost boring. The film has pacing issues where things slow for extended periods of time only to jump right to massive explosions and crazy CGI. Even though the fight choreography is adequate, often when it’s happening, you’re still reeling from just having been punched in the face with a massive and sudden pace change. Later in the film, the action becomes so superfluous that I lost all emotional investment. The final act seemed like it was directed by a discount Michael Bay, everything explodes for no other reason than “it looks cool.”

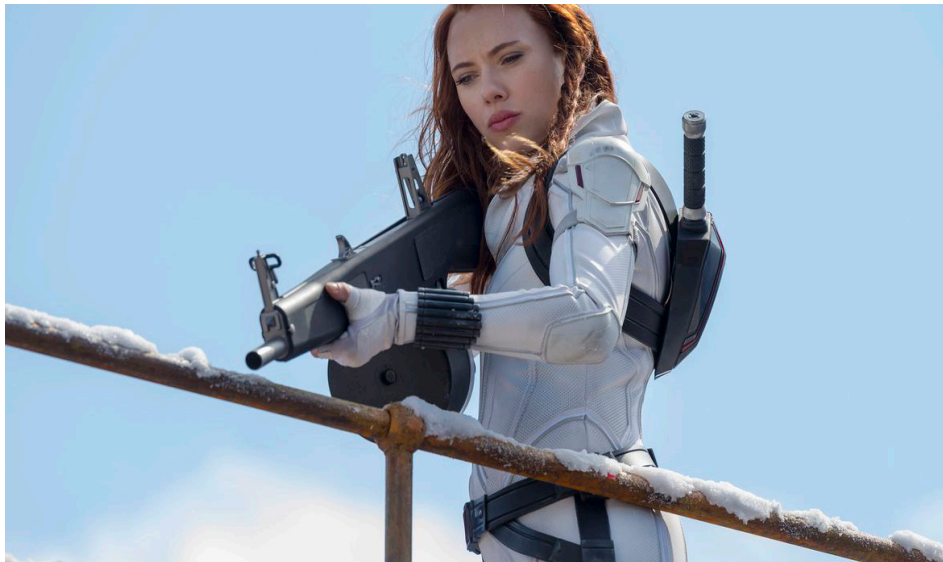
My biggest complaint about this film is that it has an awful case of “tell don’t show.” Exposition is given through quick and un-

interesting dialogue. It’s better to show something than to say it in film, and *Black Widow* tends to have long, drawn-out expositional conversations on ideas that require a visual.

The villain faced throughout the film is underwhelming, apart from when they are first introduced. Without spoilers, I would compare them to Deadpool in *X-Men Origins*. Numerous pointless changes to the villain’s comic counterpart are made and their arc ends with a cheap and unearned ‘emotional’ moment.

All the small problems accumulate, overshadowing the good things that this movie has going for it such as fun characters and good fight choreography, but these qualities are often just left on the backburner. Overall, *Black Widow* is just okay. It’s not a cinematic masterpiece, nor a complete mess, just a movie with a lot of missed opportunities and some less than stellar writing decisions.

6.5/10



Remembering Charlie Watts



Sawyer Ramsay '24
Contributor

The Rolling Stones are one of the most influential rock and blues bands of all time. They have produced over thirty studio albums in a period of almost sixty years. Fans from around the world were shocked on August 24, 2021, when it was announced that Charlie Watts, the original drummer for The Stones, had lost a battle with throat cancer at the age of 80.

Charlie Watts has contributed significantly to the Rolling Stones and is one of the few members who has remained in the band from the very beginning. He joined The Stones in 1963 as their first permanent drummer, previously playing in a band called Blues Incorporated. He provided the rhythm for

The Stones for 58 years. Watts, along with his bandmates, Keith Richards and Mick Jagger, were the only members who played in every studio album the band made.

Watts loved jazz music, bringing a jazzy backbeat that mixed well with the band’s style of rock and blues. *Rolling Stone Magazine* (not affiliated with the Rolling Stones band) ranks Watts as the twelfth best drummer of all time. Despite this high praise and his fame, Watts was very humble, and liked to focus quietly on his craft. He thought of drumming as his job, not as his vessel to fame. In an interview with *The Guardian*, Watts stated that he “didn’t like playing large festivals.” According to him, “those sorts of things are unrelated to playing.”

Even though the band’s iconic drummer is now gone, the band is continuing to tour and play music. Members like Ronnie Wood and Darryl Jones are replacements for other former

members. To replace Charlie Watts, the band has brought in Steve Jordan, a drummer who has played with Keith Richards numerous times before.

The Stones opened their first tour without Watts on September 26, 2021. The “No Filter” tour was supposed to take place in 2020 but was postponed because of COVID-19. The first show was an emotional performance, starting with a tribute to Charlie Watts and displaying pictures of the drummer on the screen. Watts was not scheduled

to play in this tour due to his illness with the band had already planning for Steve Jordan to perform.

It is certainly strange to think of The Rolling Stones without Charlie Watts, but Steve Jordan carries the torch well, continuing to give exceptional performances. However, now that Charlie is gone, the band must be finally nearing its inevitable end. This could be The Stones’ last tour. Hopefully, they can continue making music, but if this is the end, they will never be forgotten.



Trip at Knight: Brilliantly Nostalgic?



Osahon Okoro
'25
Contributor

Trip at Knight, rapper Trippie Redd’s latest album, is so consistently brilliant. The title of a song off the record perfectly describes it: “Vibes.” *Trip At Knight* delivers the transcendent feeling you’d expect from Trippie’s beautiful vocals, combined with a tasteful selection of beats. I would describe the album as reminiscent of a *Pokémon* fan game, with catchy beats that incorporate many of the same elements of video game music.

The opening song, “Molly Heart,” is an excellent preview of what the album has to offer. Long strokes of synth blare throughout the track. The lyrics are nothing to gawk at, with a number of references to video

games (such as *Earthbound*), sports, and other pop culture mediums. Though the lyrics are lackluster, the song has sensational production. Each second of “Molly Heart” is an ethereal experience and it sets a consistent tone for the rest of the album.



The features on this project fill in the gaps that Trippie leaves with his performances, especially Ski Mask the Slump God. On “Demon Time,” every line Ski

Mask spits has a multitude of meanings, complimenting Trippie’s melodic flow nicely. The track “Space Time” is excellent at provoking feelings of transcendence and other-worldliness. Going forward, I will be calling this the ‘Trippie Effect.’ The lyrics are once again unim-

portant for the middle section of this album’s strengths lie in its ability to create a consistent atmosphere. The Trippie Effect envelops you.

“Super Cell,” my personal favourite song on the record, is filled to the brim with *Dragon Ball-Z* (*DBZ*) references. Sometimes it is overdone, but the Trippie effect transforms it from a simple song about *DBZ* characters to the retelling of a childhood. This song shows me the joy and wonder a child would experience when introduced to a vast world of characters and alien powers. It brings me back to the first time I watched *Naruto* and my complete mystification with the world and atmosphere Kishimoto produced.

Overall, the listening experience can only be described as heavenly. Trippie has proved himself as a true virtuoso, creating an enamouring and transcendent experience. I would highly recommend checking out the visualizers, as they only add to the listening experience. Heavenly.

9/10

A Certified *Certified Lover Boy* Review



Ade Adedapo
'23
Contributor

On September 3, 2021, Canadian rapper Drake dropped his highly anticipated 7th studio album, *Certified Lover Boy*, for the world to enjoy. Initially expected to be released in January

of 2020, just before Valentine’s Day, the rapper postponed due to an unexpected knee injury. Here is an analysis and review of the album, as well as some statistics, records broken, and sales amassed by the album amassed since its September release.

The Track List

Certified Lover Boy is not an instant classic like *Nothing was the Same* (2014) or *Views* (2016). Despite this, it’s a good album; it just hasn’t had the time to age like the others. *CLB* is a 21-track album, staying consistent with Drake’s streak of releasing longer albums. The album has a total of 15 featured artists, which includes the likes of Lil Baby, Future, and Lil Durk. 12 songs have fea-

tures, while nine are solo tracks. Before *CLB*’s release, Drake said that the album would be mostly a rap album, with a few RnB and Afrobeat/Dancehall style songs. However, the album is quite diverse. Drake included RnB style tracks such as “Girls want Girls” and “Papi’s Home,” rapping tracks including the Jay-Z assisted “Love All,” and one sole Afrobeat track, “Fountains.” The diversity of genres make the album a very easy listen. Drake did a respectable job of including the best quality work that would appeal to both casual and longtime listeners.

Sales and Statistics

In terms of sales and statistics, *CLB* did extraordinarily well. Drake’s 7th studio album sold 613,000 units in its first week alone. This is the largest number of units sold in the first week of any album’s release this

year. Nine of Drake’s *CLB* songs were in the Billboard Top 10. *Certified Lover Boy* also broke the single day album streaming record on Spotify with 153 million global streams, crushing his 2018 album *Scorpion* (which had 132 million streams in 24 hours).

Final Verdict

Though not his best work, Drake’s *CLB* was very well done. Statistics- and sales-wise, however, Drake went beyond what anyone thought he could do. The final grade of Drake’s *Certified Lover Boy* is a solid 8.5/10, and yes, *CLB* is better than *Donda*.



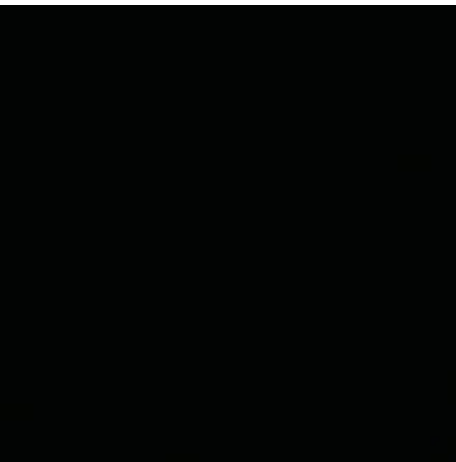
Review: *Donda*



Alec Compton
'22
Arts & Culture
Editor

Donda is the 10th studio album by rapper, singer, and fashion designer Kanye West. After three public listening parties held at various stadiums across the United States, *Donda* was released on August 29, 2021, sporting features from the likes of The Weeknd, Jay Z, and Travis Scott.

The record carries over the themes of faith from Kanye’s 9th album *Jesus Is King*, but



dives into them in a much more tasteful fashion as opposed to the shallow and vapid handling of faith on *Jesus Is King*. Sonically, *Donda* is all over the place. However, the record consistently features choir vocals, giving the album it’s a uniform identity despite its eclectic stylistic choices.

The first real song on the record is “Jail,” a phenomenal tone-setter for the rest of the album. Harmonious choir vocals are paired with booming electric guitars. Jay Z’s contribution to the track is momentous in hip hop culture. Jay and Kanye haven’t collaborated since 2015, and it’s great to hear hip hop’s greatest brotherhood back on the same song.

The first leg of the album is fantastic. Kanye’s rapping is surprisingly consistent, shining especially on tracks like “Off the Grid.” On this track, Kanye flows effortlessly over a drill beat, following similarly great verses from Playboi Carti and Fiveo Foreign.

The album’s biggest shortcoming is its length. *Donda* is nearly two hours long, with the last 20 minutes being made up of “Pt.2s.” Prior tracks are re-recorded with added features, one of which is DaBaby replacing Jay Z on “Jail.” In “Jail Pt. 2,” DaBaby raps about his recent controversies. His track, among the many other alternates, bogs down the record and could all have been cut.

There are also a few weak spots within the core track list. “Ok Ok” with Lil Yachty, “Jonah” with Lil Durk, and “Remote Control” with Young Thug all feature decent performances from their respective featured artists but the instrumental and Kanye’s lackluster performance don’t measure up.

There are some fantastic tracks on the record. “Hurricane” is as good as its 100 million Spotify streams make it out to be. With a killer hook from The Weeknd and a stellar Lil Baby verse, the track is a truly epic experience. “Come To

Life” feels like the Kanye-only track this record needed, with a beautiful piano backed instrumental and an inspiring and powerful vocal performance from Kanye. The Lauryn Hill sample on “Believe What I Say” is incorporated perfectly and the track gives off this jubilant and summery vibe I just adore.

The online discussion around this album mainly centres around whether it is better than Drake’s *Certified Lover Boy*. As the editor of Arts and Culture which deals largely with music, I would like to put the nail in the coffin of this competition. *Donda*, despite not being Kanye’s best by a longshot, is far better than the auditory NyQuil which is *Certified Lover Boy*. *Donda* is a mixed bag, but I can really appreciate the sound Kanye was going for and the scope of the record and I do enjoy it even though it’s far from my favourite Kanye release.

7.5/10

Review: *Sinner Get Ready*



Alec Compton
'22
Arts & Culture
Editor

Faith is a complicated concept that means many things to many people. As much as we have secularized as a society, it is undeniable that faith has influenced our art. Unlike most religious music, Ignota’s *Sinner Get Ready* does not simply sing God’s praises; instead, it takes a personal look into Ignota’s



relationship with God and religion.

The first track, “The Order of Spiritual Virgins,” presents a cruel, uncaring God who exclaims, “Hide your children, hide your husbands / I am relentless, I am incessant, I am the ocean / And all who dare look upon me swear eternal devotion.” The second track is from Ignota’s point of view, displaying her growing frustration with God. She blames God for not granting her wishes despite her deep devotion. Her wish is to kill a man who she believes deserves to be dead.

She sees God as unjust for not acting upon her wishes. These first two tracks are easily the most instrumentally and tonally harsh on the record,

which is by no means “comfort listening”. Even so, the middle of the album sees Ignota less confronting God, and rather at an uneasy acceptance of him. She acknowledges his existence, but she is deeply unsettled by it.

This is shown well in the song “PERPETUAL FLAME OF CENTRALIA.” Here, Ignota initially has a positive view of her faith: “I am covered with the blood of Jesus / Fear is nothing when the path is righteous / I rest my head in a holy kingdom / Mine is the venom of the snake of Eden.” However, this changes to a much more negative view: “Life is a song, a song / And the fires of hell burn long and dull / Life is a song, a song / And the raging fires of hell burn long.” The penultimate and final songs on the album show Ignota with a fuller understanding of her place in the world, and her acceptance of God. The penultimate track: “MAN IS LIKE A SPRING

FLOWER” details Ignota’s understanding of the human condition, and the conclusion she comes to on what man is. She expresses her conclusion through touching metaphors (declaring the heart of man to be an orchid, the hand of God extended, and the seventh gate of hell).

The final track is much softer and instrumentally lush than all other tracks on the record and has Ignota fully accept God into her life. She finishes her journey started at the beginning of the album.

Lingua Ignota’s *Sinner Get Ready* is a beautiful exploration of a woman’s struggle with faith. While it may not be the most pleasant, its harshness only adds to the message of the record. If you are at all interested in religion or more experimental music, be sure not to miss this one.

9/10

A Guide to Hinduism



Yash Varma '24
Contributor

Hinduism is the oldest and the third most practiced religion in the world, the predominant religion in India and Nepal. Unlike religions such as Christianity or Judaism, Hinduism does not have a founder (like Jesus or Abraham). Instead, it is a collection of traditions and philosophies.

In Hinduism, God is viewed differently than in Abrahamic religions. Unlike Christianity, Hinduism believes that God exists in many forms all around us. Hinduism follows the henotheist tradition. “Henotheism” is the worship of a single god (like Shiva or Vishnu) while simultaneously recognizing various deities.

The two core beliefs of Hinduism are *karma* and *samsara*. *Karma* is the concept of the universal law of cause and effect. For example, the good you send out into the universe will come back to you, just as evil would. The cycle of life, also known as reincarnation, is known as *samsara*. *Karma*, or the actions of a previous life, determines a person’s next life. In Hindu philosophy,



one’s *atman* (soul) is thought to go through numerous cycles of rebirth.

The soul’s purpose is to attain *moksha* (salvation) in order to enter the ultimate soul and break free from the reincarnation cycle.

Although there are many gods in Hinduism, there are three central gods that form a triad. This triad is known as *trimurti*. The triad consists of: Brahma the Creator, Vishnu the Preserver, and Shiva the Destroyer. Brahma is depicted with four heads and four arms, a holy number in Hinduism. He was credited for the creation of the universe. He is not directly worshipped by Hindus

today, unlike Shiva and Vishnu. The second god of the *trimurti* is Vishnu the Preserver, the God of Light and Enlightenment. He is associated with sending *avatars* to Earth. An *avatar* is also known as an incarnation; this is a deity having a human form on

Earth. Some of the well-known Vishnu avatars are Krishna and Rama, who are worshipped by many Hindus today. The last god of the trimurti is Shiva the Destroyer, God of Power. He is associated with the power to destroy evil, as well as mediation and yoga. Shiva is worshiped by many Hindus around the world.

Pujas are Hindu rituals that include *murtis* (a deity’s image, statue, or idol), *mantras* (prayers), and *yantras* (diagrams of the universe). There are special occasions when Hindus perform *pujas*, such as weddings, festivals or moving into a new home. All *pujas* generally begin by worshipping Lord Ganesha (remover of obstacles).

This article only scratches the surface of the Hindu religion. The religion is far more complex than what I could cover here. Regardless, I am a proud Hindu, and I am thankful that I can to share the philosophy of my religion with everyone!

Old Technology, New Invention



Isaac '25
Contributor

Imagine that you’re in a room. You see a clock, a collection of simple machines. Wheels, gears, levers, screws, and wedges fill this mechanical wonder as it ticks every second of the day. A ballpoint pen rests on your desk. This device, containing a spring and a rotating sphere in a socket, allows ink to flow onto many pages. As you observe, your phone buzzes in your pocket. This technological spectacle contains a myriad of lights, electric wires, and receivers. These are all ancient machines that have been rebooted into the modern age. Just as time turns on the clock’s hands, machines evolve. And it all started with the most complicated machine of all, us.

We are machines: a collection of moving parts powered by energy and triggered by electric signals.

Our ‘processor,’ the brain, sends pulses down a large wire, the spine, to motors, our, muscles. We were the first machines, yet we were not satisfied with our bodies’ limitations. We needed tools.

When we think of ancient technology, the spear, the club, the hand axe, and the bow come to mind. These became extensions of our bodies and gave us added strength, precision, reach, and safety. We rested easier knowing that we could slay an animal that threatened our home or spear our prey from a safe distance. We could use the hand axe as a wedge and the club as a lever. This was the beginning of the innovation.



Necessity is the mother of invention. From the wheel, axle, and screw in ancient Mesopotamia, to the Greek bronze, and the Roman aqueducts, Mother Necessity fueled the continuous fire of ingenuity.

Scientists poured oil on that fire through the discoveries of electricity, the laws of gravity, particle theory, and physics. And that brings us to today.

Look back at the ballpoint pen on your desk. A lever that lets you extend the nib. A wedge lets you write with ease. Air pressure pushes the ink down the tube and the paper absorbs it through pores.

The clock on your wall, invented in the 1300s, has become accurate to the millisecond. Coming from 30 minutes of error in past centuries, we have invented the most accurate, and reliable timepiece in history. Quartz, atomic, and digital clocks have entered the ecosystem of invention and become more popular than the original mechanical device. That is what invention is. Modern technology is building off and eventually dwarfing the old.

Invention does not come from nowhere. It is history. We do not make modern technologies: we evolve old ones. When humans, generations from now, look back on our lives, we will look primitive, but then they will look back to their clock and remember that we are not too far away from them.

Apple Keynote Showcase



Luca Romero
'22
Contributor

On September 14, 2021, Apple held a Keynote event showcasing their lineup of new Apple products set to launch in the coming weeks. These products included the new iPad, iPad Mini, Apple Watch Series 7, and, of course, new iPhones. These devices have both major changes and improvements and some more subtle, unique tweaks when compared to their predecessors.

Apple opened the Keynote by unveiling the new iPad, marketed as a budget-friendly tablet with some benefits previously exclusive to the iPad Pro and iPad Air. Apple Pencil and Smart Keyboard support come with the new iPad. The device shares the same A13 Bionic chip as the iPhone 11 generation of devices. In comparison to the previous generation of iPads, the new one has a 20% boost to the CPU (central processing unit), GPU (graphics processing unit), and Neural Engine. The new iPad features a 12MP (megapixel) ultra-wide front camera (if you ever need to take high-quality selfies with a tablet), and an 8MP Wide back camera that lets you take both photos and videos. Cen-

ter Stage was a feature that is new to the base model iPad, focusing on certain points in a video and panning to that spot automatically. Overall, the new iPad is a solid device that can do about everything you ask of it, but don't expect anything out of this world. It's budget price tag at 429 CAD should make it stand out in the eyes of the public, especially for educational purposes.

Up next, Apple announced the iPad Mini, showcasing an all-new look, featuring an 8.3-inch liquid retina display, ultra-slim bezels, and four sleek colors. The iPad Mini uses the all-new Apple A15 Bionic chip, boosting CPU performance by 40% and GPU performance by 80% in comparison to last year's model. Touch ID has been included on the new iPad Mini, which claims to have all-day battery life. The iPad Mini supports 5G data connections, which can come in handy if you don't have your phone on you 24/7. The cameras are nearly identical to the new iPad, with a slightly better 12MP back camera included. This new iPad Mini is a big improvement on last generation's model. It should be able to handle just about every task you throw at it from productivity, taking notes, and even mobile gaming if that's your forte. Starting at 649 CAD, the new iPad Mini is the perfect device for anyone looking for a powerful tablet, with a small

form factor. Apple unveiled another iteration of the Apple Watch with a slightly bigger screen, five new aluminum colours, and 33% faster charging. Apple claims that the Apple Watch Series 7 is the most durable Apple watch yet but take that for what you will. With such a small upgrade from last year's



model, hold on from buying this Apple product.

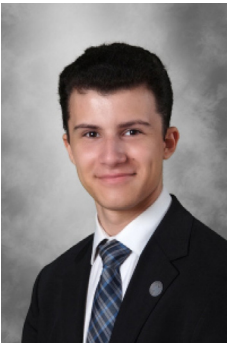
The big finale of Apple's September 2021 Keynote was the reveal of the iPhone 13. The latest and greatest line of iPhones featured a sleek contemporary design, a decrease of the notch size. There are four new models: the iPhone 13, the iPhone 13 Mini, the iPhone 13 Pro, and the iPhone Mini Pro Max. The iPhone 13 and 13 Mini come with a 6.1-inch, and 5.4-inch OLED (organic light-emitting diode) display, respectively. They also have the all-new 6 core Apple A15 Bionic chip, which provides a boost in CPU, GPU, and Neural Engine capabilities. The cameras are shifted diagonally on these models to accommodate the new sensor-shift capabilities. There is a 12MP wide lens that cap-

tures astonishing low-light photos well and a sensor-shift that tracks objects in videos phenomenally. All these new iPhones feature a 'cinematic mode.' This mode allows the depth of field to focus on one subject and be switched to another subject just by pressing on them. This process will help for shooting high-quality videos, and will ensure you get the right object in frame. The iPhone 13 Pro and Pro Max have all the features previously mentioned and more. They sport a Super Retina XDR display with a ProMotion refresh rate. This can scale from 10Hz to 120Hz, making for much smoother interactions. There are three cameras on the back of the Pro models: the telephoto, ultra-wide, and wide-angle lens are from the previous generation, but now have better low-light capabilities. The battery life on all these phones has increased significantly. The max lifespan of the iPhone 13 Pro Max's battery is now an incredible ten hours of screen time. The prices for these new devices range from 600 CAD all the way up to over 2000 CAD. The baseline storage is now 128 gigabytes, and the max is 1 terabyte.

Apple's September Keynote did not disappoint with three out of the four releases being big improvements in their field or attracting specific audiences. If you care about the new Apple Watch, all the power to you, but the 'upgrade' was so minimal, it should not be considered one. The new iPad has a great price tag with average features. The iPad mini looks gorgeous and has the specs to compete with the iPad Pro. And the new iPhones should be a huge improvement in all fields from the previous generation of iPhones. The Apple Ecosystem received some major upgrades and will hopefully be getting more in the near future.



Motorcycles Versus Cars



Daniel Latimer
'22
Contributor

Getting your license as a teen is something we all look forward to. It is the first taste of real freedom many get. The first time driving yourself to school, without your parents watching you at every turn, is a feeling unlike any other. Unfortunately, what was once an exciting drive to school can easily become a boring commute. A sports car is the obvious solution, but without spending north of 50,000 CAD, it is difficult. A motorcycle can be a more economical solution, costing a fraction of the price.

Why would you want to buy a motorcycle in the first place when you could spend roughly the same amount of money and

buy a new Toyota Corolla? Well, if you're thinking about purchasing a motorcycle in Manitoba, you must have a car for the winter. Assuming you already have a car, to buy a new entry-level Harley-Davidson, the Iron 883, will cost about 12,000 CAD. Whereas a Toyota Corolla costs 20,000 CAD. Aside from the upfront cost, motorbikes are more fuel-efficient than a car. The previously mentioned Iron 883 uses 4.6 litres of gas per hundred kilometers whereas a Toyota Ccorolla uses 7.1 litres per hundred kilometers.

Besides the gas and the price, motorcycles are just more fun. Zooming in your fancy sports car may be somewhat enjoyable, but the elation received on a bike is incomparable. The wind hitting your chest as you rev the engine to 13,000 rpm is remarkable. Because motorcycles weigh less than cars, the engines don't have to be as powerful to go as fast.

However, safety is the main thing most people think of when purchasing a new vehicle. Cars are safer. They have four walls, a comfortable chair, and airbags. Motorcycles do have safety measures, and proper equipment and driving can reduce injury in an accident. Yet these procedures are pale in comparison to the safety features of most cars.

Motorcycles have been stigmatized. What was once a convenient way to travel became a hobby for old, bearded

gentlemen, and gang members. Despite the greater risk, motorcycles remain an excellent form of transportation. They provide a cheaper, more eco-friendly alternative to driving a car. They give an opportunity for people to be free.



Exhilaration and Anticipation: The Cricket World Cup



Samay Dadlani
'24
Contributor

This October, the Men's T20 Cricket World Cup, consisting of shorter three-hour games, is returning to the United Arab Emirates and Oman. Cricketers from across the world train and practice tremendously to represent their nation, looking to bring home the majestic trophy. The world's finest cricket teams come together and face-off until one is crowned victorious at the International Cricket Council (ICC) event.

The Super 12 is one of the stages of the T20 Cricket World Cup. Afghanistan, Australia, England, India, New Zealand, Pakistan, South Africa, and the West Indies teams will play against four other yet-to-be-decided teams in

a round-robin tournament. The four teams will be from either Bangladesh, Ireland, Namibia, the Netherlands, Oman, Papua New Guinea, Scotland, or Sri Lanka. Out of all 12 teams, the four with the most points will make their way to the semi-finals. The top two teams will progress to the Knock-Out stage.



There are many players to keep your eye on in this tournament, including legendary Indian cricketer Virat Kohli (32) also known as the "King of Cricket"

and "King Kohli." Virat Kohli is a top-order batter, captain of the Indian national cricket team. His stats in T20 cricket are sensational, having scored a whopping 9235 runs and a strike rate of 139.04. He is an outstanding player.

The most anticipated game in the tournament is India against Pakistan, a 69-year-old rivalry. Since the T20 Cricket World Cup started, India and Pakistan

have played a total of five games. India has won four. India is looking to take the victory this year, but it won't be easy. India is not used to playing in the extreme heat of the United Arab Emirates or Oman. Furthermore, India has not played many T20 matches in the past couple of months. It will take them a considerable amount of time to adjust.

The conditions may be challenging, but I believe that India will win the tournament. India has exceptional bowlers like Jasprit Bumrah and Ravindra Jadeja and formidable batters like Virat Kohli and Rohit Sharma. India has also won seven of the Asia Cup Championship tournaments, making them one of the most successful teams in the world. This tournament will be a wildly competitive clash between every team and will be enjoyable no matter what.

The Greatest Transfer Window Ever



Ikem Nnadi '21
Contributor

Coming off a year plagued by uncertainty, disease, and unrest, the last nine months have been a long ‘rebuilding’ phase with no end in sight. This has been quite evident in the world of soccer. The game’s biggest clubs strengthened and re-formed, while smaller teams pulled off steals to recruit much needed talent. In ten years, fans of the sport will look back towards this

window and marvel at how unbelievable some of these transfers were.

The club with the most talk is Paris Saint Germain (PSG). After snagging Sergio Ramos from Real Madrid, the French club recruited Achraf Hakimi, one of the world’s best right backs, from Inter Milan for 88 million CAD. However, that did not satisfy the game’s richest team. They continued to bolster their ranks with the signing of Dutch midfielder Georginio Wijnaldum, the ex-Liverpool player. Those three signings alone made the Parisians challengers for the UEFA Champions League, but that was not the end of it.



On August 10, 2021, Lionel Andres Messi left FC Barcelona after 16 years of service and came to PSG.

Many tears were spilled, and the tabloids were saying it was the end of an era, that soccer would never be the same.

While the soccer world had its eyes on Paris, England’s Manchester United were silently working away at securing Cristiano Ronaldo’s signature. It was a hard battle; Manchester United’s civic rival Manchester City was so close to getting Ronaldo. Some sources had even “confirmed” the transfer. However, on August 27, 2021, the Portuguese marvel silenced the doubters and returned to the club that made him an icon. Despite the doubts of being too old or finished, in trademark fashion, he has risen to the occasion and scored five goals in seven appearances.

Ronaldo’s return stole the headlines, but Raphael Varane’s signing from Real Madrid to Manchester United cannot go unnoticed. The World Cup and

four-time Champions League winner is one of the most decorated defenders of all time, and his 6’3” frame is as imposing as the next.

So yes, you could say PSG and Manchester United ‘won’ this transfer window. However, there were still several large signings. Englishman Jack Grealish moved to Manchester City for 171 million CAD, and Romelu Lukaku had a king’s return to Chelsea for 170 million CAD. Jadon Sancho also moved to Manchester United for 145 million CAD, but he has failed to impress in the early going.

This summer was truly an experience for soccer diehards and casuals alike. Transfer sagas were sprouting up like weeds, and all fans were kept on their feet. It will be interesting to see how these players perform.

An Olympic First: Canada’s Gold Medal in Women’s Soccer



Caleb Pereira '23
Sports Editor

Eight years in the making, the Tokyo 2021 Summer Olympics brought excitement to billions of fans across the world. For Canada, it was a tournament to remember as they collected 24 medals. Arguably, their most impressive medal came from Women’s Soccer as they won Gold for the first time. This was a hard-fought victory that gave veteran players a deserved medal and marked the beginning of a new generation of players.

Canada won the Bronze Medal in the previous two Summer Olympics (London 2012 and Rio 2016). However, with Canada’s legendary captain Christine Sinclair possibly playing in her last Olympics at the age of 38, there was a determination to finally win Gold.

Canada was drawn into a group with Great Britain, Chile, and Japan. They would finish second following draws against Japan and Great Britain and a 2-1 win against Chile with both goals coming from Manchester City forward Janine Beckie. However, Canada’s trip in the knockout stage would keep fans nervous all throughout.

In the Quarterfinals, it would be a rematch of the 2016 Bronze Medal game against Brazil. Both sides battled it out through 120 minutes, but penalties were needed. Edmonton’s Stephanie Labbé, goalkeeper for Paris Saint-Germain, would prove to be the deciding factor as she saved two of Brazil’s penalties, sending Canada to the Semi-Finals.

There would be no break from the stress as Canada met their long-time rivals, the United States of America, to decide who would head to the Gold Medal game. For Canada, revenge was on their mind as the USA had defeated them in the Semi-Finals of the London 2012 Summer Olympics. The saying “revenge

is a dish best served cold” could not be truer, as Canada would win 1 to 0 thanks to a penalty from London, Ontario native and Chelsea midfielder Jessie Flemming. This sent Canada to their first-ever Gold Medal game and a chance at history.

The Swedes controlled much of the first half, allowing forward Stina Blackstenius to open the scoring in minute 34. Canada entered the second half determined to tie the game and were awarded a penalty after 68 minutes after Burnaby native and Portland Thorns striker Christine Sinclair was fouled in the 18-yard box. Jessie Flemming would once again score, levelling the game at 1-1. Both sides would need penalties to decide who would win the Gold Medal. In what was one of the craziest penalty shootouts of recent memory: both teams



missed three times. Ultimately, midfielder Julia Grosso buried the winning penalty for Canada, winning them their first-ever Olympic Gold Medal.

The Tokyo Olympics would mark a historic achievement in Canadian soccer, and finally saw some players become champions. Players like Winnipeg’s Desiree Scott and Christine Sinclair achieved the success they had long been seeking. However, the future of Canadian soccer remains strong, led by Jessie Flemmings, Janine Beckie, and many other young Canadians. It is without a doubt that this Gold Medal will inspire a strong future for soccer across the country.

The Death of The Devil’s Dip



Patrick
McManus '22

Contributor

Wilderness bike trails have been growing in popularity in Winnipeg. These trails span many kilometres around the city, often along rivers and roads. One of the largest trails

in Winnipeg is along Wellington Crescent. Colloquially known as “The Devil’s Dip,” this trail consists of many sharp corners and tall jumps around the Assiniboine River.

Due to river erosion and the weight of cars on the road near the riverside, a portion of Wellington Crescent is to be redone. This resulted in the trails

and The Devil’s Dip being removed. This is devastating, as many people who enjoyed riding along the river on these dirt trails witnessed a Winnipeg landmark being removed.

The loss of this trail pushed more people to go to “Bison Butte”, a downhill bike course behind the old cement factory on Kenaston Boulevard. A downhill bike course in the middle of the prairies is an uncommon sight to see.

Downhill trails are much faster than flat courses and provide excitement to Winnipeg’s biking community. Yet Bison Butte still is pale in comparison to The Devil’s Dip’s popu-

larity and notoriety. Thankfully, Wellington Crescent’s renovation will include The Devil’s Dip and other surrounding wilderness trails. The new and improved trail will have a larger variety of jumps and multiple, more difficult paths. People of all ages will use these trails. We all have an opportunity to use these trails made for us, all around us. Someone is always having fun on the trails, and that could be you.



Preview of the 2021-22 NBA Season



Manny Bezabeh
'22

Contributor

Across the league, the NBA has been significantly altered by trades and free agent signings during the off-season. With big names such as DeMar DeRozan, Russell Westbrook, and Kyle Lowry all on new teams, many questions are triggered. Will the Los Angeles Lakers redeem themselves after their embarrassing playoffs last year? Will the Chicago Bulls return to their glory days with the marquee additions to their roster? These trades, free agency signings, and eventual injuries will immensely impact teams this season.

The Los Angeles Clippers are entering this season without their superstar forward, Kawhi Leonard, out with a torn ACL. Despite Leonard’s absence, the Clippers should be fine with players like Terence Mann, Ivica Zubac, and Luke Kennard. They

have shown great promise at a young age and are poised to take a leap forward this season. Seven-time all-star Paul George, leading the pack, will have plenty of help from talented veterans in Marcus Morris, Reggie Jackson, and newly-acquired Eric Bledsoe. The Clippers will surprise everyone this year, and if Leonard can make a return in time for the playoffs, they may well win it all.

The Los Angeles Lakers did not mess around this off-season. After acquiring superstar guard Russel Westbrook (32, turning 33 in November), the Lakers have made it clear that their ambitions are set on winning,

especially as LeBron James (37 in December) enters the final years of his career. Lakers’ general manager Rob Pelinka prioritized surrounding the Lakers big three of Anthony Davis, James and Westbrook with experienced veteran players Dwight Howard, Rajon Rondo, and Carmelo Anthony. If superstar players like Davis and James remain healthy, the Lakers are in a prime situation to win

The Chicago Bulls shocked the NBA world when they reported adding DeMar DeRozan and Lonzo Ball to their star-studded roster. Additionally, they picked up key free agents like Alex Caruso and Derrick Jones Jr. to strengthen their bench.

The Bulls have one of the more talented teams in the NBA. The only concern for them is that they still lack a superstar-caliber player to lead them to an NBA championship. They will be an interesting team to watch this season, but a championship may be out of reach.

DeRozan’s former teammate Kyle Lowry took his talents to South Beach in the off-season, joining Jimmy Butler and Bam Adebayo on the Miami Heat. In the last season, the Heat were decimated by the eventual champion Milwaukee Bucks in the first round. The Miami team will be determined and motivated to prove their doubters wrong. Tyler Herro, Duncan Robinson, and Victor Oladipo will also play a pivotal role in the team’s success. The Heat’s team is a serious contender to win the championship.

The upcoming NBA season will most definitely be an interesting one to watch, with a handful of teams who bolstered their rosters with talent and depth ready to start their quest for the 2022 NBA championship.



A Word with Kelsey Wog



Siwon Jengsuksavat '23
Ilia Mehr Bakhsh '22

Contributor and Deputy Editor

Born in Regina and raised in Winnipeg, Kelsey Wog is a member of the Canadian Olympic Swimming Team. Kelsey’s experiences as a young Olympian may be beneficial to St. Paul’s athletes who wish to dedicate their time and efforts to a specific sport. We were fortunate enough to secure an interview with Wog and asked her about her journey as a swimmer, her time in Tokyo, and her future goals.

Wog began swimming as a baby, and as she grew older, she was encouraged to engage in competitive swimming. The Bisons became her swim team from elementary to high school.

Kelsey’s dedication to long hours of swimming, dance, and school required excellent time management and efficiency. These were driven by her dedication to achieve success in all fields of her academic and athletic life.

She continued swimming into her university years, joining the

varsity team at the University of Manitoba in 2016.

Wog’s competitive swimming includes her personal best in the women’s 200-metre breaststroke in 2:17.13 and women’s 100-metre breaststroke in 1:06.44. This is impressive, knowing that women’s qualifying standards for the Olympics are 2:25.00 and 1:07.10 respectively.

To qualify for the Olympics, swimmers must rank in the top two in their qualification events while being under the standard Olympic qualifying time.

We asked Wog what it felt like to be one of the few athletes that could accomplish this rare goal. “It was a weird feeling,” Wog began. “It wasn’t a normal trial and there were not many people in the stands. Yet when I made it, I was exhilarated and excited.” The pandemic, however, radically affected her swimming and training schedule.

Despite this, Wog recognized that the sacrifice was necessary: “I tried to keep things in perspective when it [the COVID-19 pandemic] happened. I thought of the bigger picture of why we were locked down and knew that it was for the good of everybody else. I had to think about what I really wanted in swimming and, honestly, COVID-19 really made me appreciate that I really love



the sport, especially after it was taken away from me.”

With all planning taken care of by Team Canada, Wog and her teammates flew to Tokyo after two weeks of training in Vancouver. “It was hard to know that we were really in Tokyo as we were sent to our village right away,” she said, retelling her due to the pandemic. Yet she still loved her experience: “There were so many buildings in the athlete village, you could see all the flags, and the dining hall was fantastic. There was food from all over the world and you could try a little bit of everything. It was open 24/7 so you could eat at two A.M. if you were hungry.” Trying to spot famous athletes in the village, Wog noticed that she was surrounded by buildings representing all European countries, with Britain across from Canada’s dormitories.

In one’s pursuit of anything, good experiences are paired with difficulties. Wog, like many other athletes, has had her fair share of difficulties but fought through them as an expert. “I always believe that the comeback is better than the setback. I am able to learn from and apply what I learned from unsavoury moments in future experiences. You have to stay persistent and keep believing that the best is still yet to come.”

At an exceptionally elite level of swimming, Wog is training hard, committing countless hours to her sport. Persistency, struggle, and optimism are three of the techniques she used to fight through her time as an athlete. “I have been working on that a lot this year. I always set an intention before practice, just small things like, ‘Okay, today I am going to have really great streamlines.’ I just set something little that I want to work on every day, and honestly, it gets easier and easier.”

Wog made it clear that pursuit in anything requires attention and a strong will for improvement. She continued to address youth from a successful athlete’s perspective.

“Try as many sports as you can and find something that you have a passion for, something that really speaks for you. Do not get discouraged by setbacks or struggles because the comeback will always be greater than the setback. I hope to inspire the next generation. I hope that other people are inspired to start a sport like swimming, even from watching me or other Team Canada athletes as well.”



Student Showcase: Trick or Treat?



Evan Hirst '22
"Welch's"



Ryan Simpson '22
"Doritos"

Student Showcase: Trick or Treat?



Julian Brennan '24
"Coffee Crisp"



Aiden Wasylenchuk '22
"Skittles"



A Halloween message from *The Crusader News*



Donovan
Martin
'22

Chief Editor

Hello St. Paul’s,

I hope you enjoy this spooky edition of *The Crusader News*. The countless efforts of many writers, editors, and artists went into making this spectacular issue.

Remember, you can find us online at www.thecrusadernews.ca. There you can find more articles and the full edition in pdf form.

If you’d like to write for the newspaper, let us now. Send me a message on Teams and perhaps your article could be in the next print edition. You are welcome to write about anything that interests you.

On behalf of *The Crusader News* team, I wish you all a safe, but candy-filled Halloween.

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Sinner Get Ready: Spotify
Hinduism: Indiafacts.org
Harley Davidson Motorcycle: Motorcycle.com
iPhone 13: Apple
iPad: Apple
Lionel Messi: Africa Top Sports
NBA Trio: NBA
Mountain Biking: Trailforks
Women's Olympic Soccer Team: The Athletic
Men's Cricket World Cup: NDTV
Olympic Swimmer Kelsey Wog: The Canadian Press/
Paul Chiasson

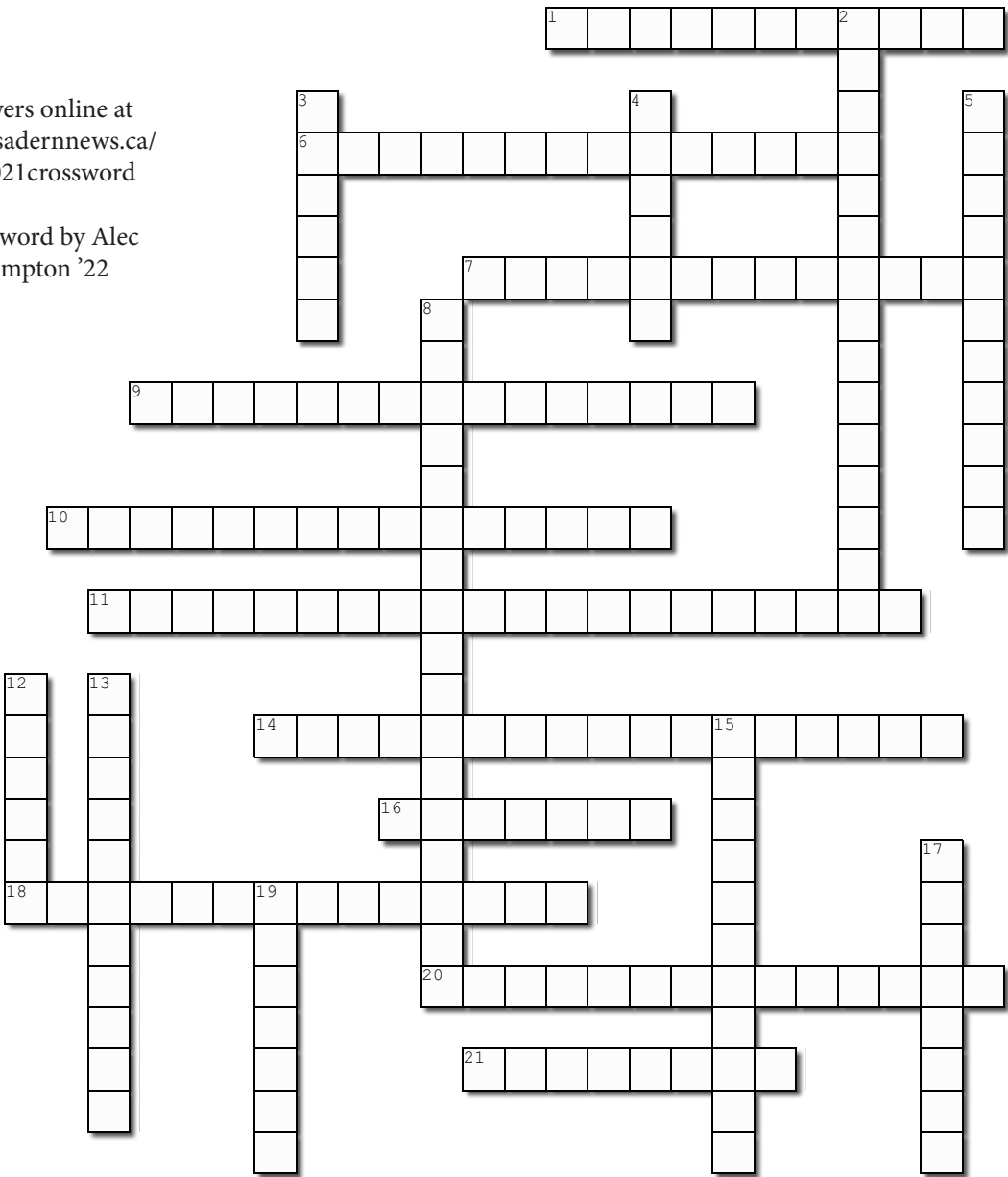


Toe Toe Moo
'24

Cru Crossword #4

Answers online at
[thecrusadernews.ca/
oct2021crossword](http://thecrusadernews.ca/oct2021crossword)

Crossword by Alec
Compton '22



Down

- 2. Subject of *The Charlie Brown Halloween* special
- 3. Number of entries in the *Halloween* movie franchise
- 4. Name of a particularly friendly ghost
- 5. Voice actor who plays Dracula in the first *Hotel Transylvania* movie
- 8. Only horror movie to win best picture at the Oscars
- 12. Jordan Peele’s directorial debut
- 13. Original name for candy corn
- 15. A famous line from *The Shining*
- 17. The best selling album of ’82 and ’83
- 19. Name of the Irish folk holiday which was the original Halloween

Across

- 1. Full name of a famous snack-loving cartoon dog
- 6. Halloween-themed hip hop album by 21 Savage and Offset
- 7. Recently released horror-themed *X-Men* movie
- 9. Name of the protagonist from Tim Burton’s *The Nightmare Before Christmas*
- 10. Director of *Psycho*
- 11. Thing that spooky scary skeletons send
- 14. Long-running horror-themed *Simpsons* series
- 16. Author of the *Goosebumps* series of books
- 18. It was a graveyard smash
- 20. The fear of Halloween

